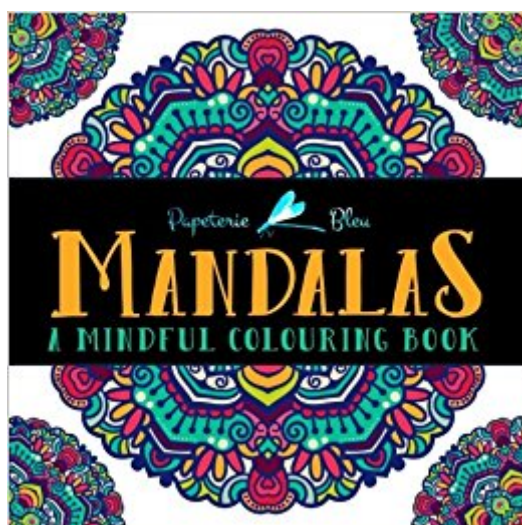


The book was found

# Mandalas: A Mindful Colouring Book (Adult Coloring Books For Relaxation & Stress Relief)



## Synopsis

2017 GIFT IDEAS | COLORING BOOKS FOR GROWN-UPS | STRESS RELIEVING "The power of imagination makes us infinite." ---John Muir Melt away the worry of life with Mandalas, a stress-relieving adult coloring book. Page after page you'll experience the soothing sensations of Mother Nature as you infuse color into swirls of flowers, unfurling leaves, and more, all intricately designed as mandalas. This book features 50 nature-infused mandala patterns sure to bring you back to the peacefulness of the natural world and all the wonder it has to offer. Happy Coloring! Product Details: Printed single-sided on bright white paper Premium matte-finish cover design Soothing seamless patterns on reverse pages Perfect for all colouring mediums Black background reverse pages to reduce bleed-through High quality 60 pound paper stock Large format 8.5" wide x 11.0" tall pages

## Book Information

Series: Adult Coloring Books for Relaxation & Stress Relief

Paperback: 108 pages

Publisher: Gray & Gold Publishing (March 1, 2017)

Language: English

ISBN-10: 1640010262

ISBN-13: 978-1640010260

Product Dimensions: 8.5 x 0.2 x 8.5 inches

Shipping Weight: 9.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #44,725 in Books (See Top 100 in Books) #30 in Books > Arts &

Photography > Drawing > Coloring Books for Grown-Ups > Mandalas & Patterns #62 in Books > Self-Help > Art Therapy & Relaxation #303 in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

## Customer Reviews

I love this beautiful little book. It is smaller than average, so it can be taken anywhere. The illustrations are beautiful and intricate. There is a quote that comes with every illustration. It gives you something to think about or gives you something to meditate on while coloring. Would Def recommend.

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Calm colouring book: Adult colouring book with Easy flower designs and simple floral patterns for Stress Relief and Relaxation, Anti-Stress Colouring, ... Colouring Books of Adults) (Volume 3)

#Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ... Series of Adult Coloring Books) (Volume 6)

Mindful Mandalas: A Mandala Coloring Book: A Unique & Uplifting Mandalas Adult Coloring Book For Men Women Teens Children & Seniors Featuring ... Relaxation Stress Relief & Art Color Therapy) Mandalas: A Mindful Colouring Book (Adult Coloring Books for Relaxation & Stress Relief)

Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) The Adult Coloring Book for Coffee Lovers: A Meditation and Stress Relief Coloring Book for Grown-Ups (Humorous Antistress Coloring Pages and Zentangle Designs for Relaxation and Stress Relief) Adult Coloring Books: Mandala for a stress relieving experience (mandalas, stress relief, reduce stress, coloring books, relax) Mandala Coloring book: Mandalas. Easy coloring: Simple mandala coloring book, Adult mandala coloring Books, Mandala coloring, Adult Coloring Book: ... coloring books for Adults) (Volume 2) Adult Colouring Book Designs: Stress Relief Colouring Book: Star War Designs, Mandalas, Zentangle - Darth Vader, Jedi, Stormtrooper, R2D2, BB8, ... Wars, Chewbacca, Darth Maul, new star wars Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Swear Designs : flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) Adult Coloring Books: Mindfulness Mandalas: A mandala coloring book for adult relaxation featuring stress relieving coloring pages for adults including henna flowers geometric & animal designs Adult Coloring Book Designs: Stress Relieving Patterns, Mandalas, Cats, Flowers, Animals, Henna, and Paisleys for Stress Relief Relaxation and Zen Mandala Coloring Book: 100 IMPRESSIVE MANDALAS Adult Coloring Book ( Vol. 1): Stress Relieving Patterns for Adult Relaxation, Meditation (Mandala Coloring Book for Adults) (Volume 1) Flower Designs Coloring Book: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) (Volume 1) Mandala colouring book for adults - Relax & Dream with beautiful Mandalas for Stress relief + BONUS 60 free Mandala colouring pages (PDF to print) Animals Coloring Book ( black edition ): 50 designs on black paper. Stress Relief Coloring Book : Mandalas, Flowers, Animals. Coloring Book For Adult (Hilarious Coloring Book for Fun) Coloring Books For Adults Volume 1: 40 Stress Relieving And Relaxing Patterns, Adult Coloring Books Series By ColoringCraze.com (Adult Coloring Books, ... Anti Stress Coloring Books For Grownups) Easter Morning Minis Colouring Book Europe: Easter Coloring Books for Children in al; Coloring Books for Adults Relaxation in al; Valentines Day Books ... Cups in al; Adult Coloring

Books Paris in al Antique Hunting: Adult Coloring Books for Men in all Departments; Adult Coloring Books in Books; Adult Coloriing Books Travel in all D; Adult Coloring ... for Men in all D; Coloring Books Travel in al Mandala colouring book for adults: Meditation, Relaxation & Stress Relief:  
+BONUS 60 free Mandala colouring pages (PDF to print)

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